



# MedStar Georgetown University Hospital

## **Pain, Agitation/Sedation, Delirium, Immobility and Sleep Disruption Management in the ICU**

Date: 03/03/2020 and 03/10/2020 Times: 1430-1530

Continuing Pharmacy Education Program  
Pharmacy Department  
Medstar Georgetown University Hospital  
3800 Reservoir Road, Washington, DC 20007

**Who should attend:** The program is designed for pharmacists at MedStar Georgetown University Hospital (MGUH).

**Needs statement:** Hospital-based pharmacists involved in the management of patients admitted to one of the intensive care units should be familiar with the risks inherent to these patients; Most ICU patients will experience some combination of pain, agitation, delirium, immobility and sleep disruption while in the hospital. Pharmacists should have a firm understanding of the interconnectedness between each of these as well as the medications and techniques necessary to appropriately treat these patients.

**Statement of goal:** To increase familiarity of pharmacists with the PADIS guidelines and the medications used by MGUH providers to treat this symphony of conditions associated with an ICU admission

**Activity Type:** Knowledge

### **Objectives:**

At the completion of this activity, the participant will be able to:

- Identify the barriers to assessing pain in the ICU and techniques to overcome these barriers
- Define light sedation
- List recommended agents used to achieve and maintain appropriate levels of sedation
- Classify the risk factors for delirium and the best treatment options
- Implement both non-pharmacologic and pharmacologic strategies to promote better quality sleep
- Understand that treating all components of PADIS results in a positive synergistic effect and apply this to the care of ICU patients

### **Faculty:**

Geoffrey Putney, PharmD  
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3800 Reservoir Road, Washington, DC 20007

**Fee:** N/A

Howard University College of Pharmacy, (COP) is accredited by the Accreditation Council for Pharmacy Education (ACPE) as a provider of continuing pharmacy education. This program meets ACPE criteria for 1 contact hour (0.1 CEU). Credit will be awarded through the CPE Monitor, within 3–4 weeks of the seminar to those who successfully complete the program. **Deadline to claim CE: 04/30/2020**

Using the following URL: <https://hurxce.learningexpressce.com/index.cfm> . The evaluation form and a score  $\geq 70\%$  correct on post test questions will be required for successful completion.

The ACPE Universal Program number assigned to this program is 0010-9999-20-009-L08-P